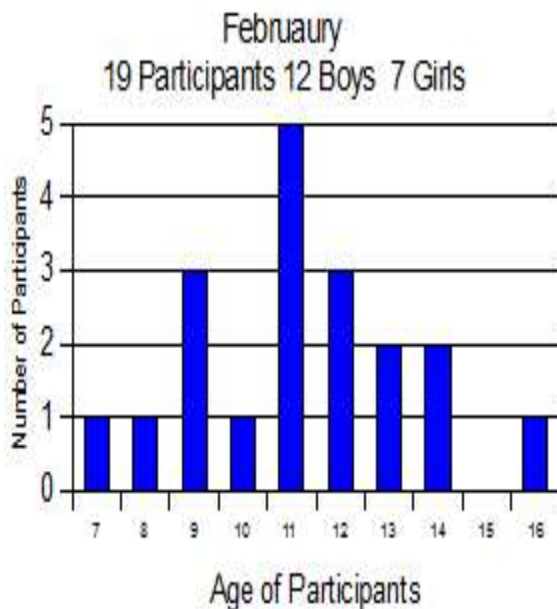


# www.thebikeshop1.org youth in gear

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*Working the brain as well as the body with chess at Koi Cafe!*



Record-setting cold did not stop our riders this past month. The unheated Shop closed during many of the weekdays but every weekend rides went out and into the Greater Bellingham area. (Even when we had to thaw the ice out of frozen water bottles before a ride!) Chess has excited the minds of our Younger Riders who are picking up the game quickly. The same decision-making that Chess demands helps to make better riders who are thoughtful and analytical rather than impulsive and emotional. We are all looking forward to warmer weather but in the meantime we make due with what we get and enjoy the ride!

## Great NW Bike & Recreational Gear Swap!

April 30<sup>th</sup> at the Bellingham Sportsplex

This year we are teaming up with Whatcom Events (Ski to Sea) to hold two swaps to benefit TBS. Bikes will be in the same field as last year with all other recreational gear in the larger field – all under the same roof! Find more info on our website.

[www.thebikeshop1.org](http://www.thebikeshop1.org)